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Istanbul: Recipes From The Heart Of Turkey



Synopsis

The food of Istanbul is as rich, colourful and multilayered as the ancient culture that created it. Rebecca Seal successfully manages the unimaginable: bringing it to us in its full magnificent glory. Walk the streets of Istanbul and you'll see a city of wonderful contradictions: step out of a stylish modern bar and you're likely to turn a corner and find lamb kebabs roasting over coals on a tiny food cart, in the shadow of towering minarets. This fascinating place, where East meets West and Europe borders Asia, inspired Rebecca Seal and Steven Joyce to create Istanbul, a food tour of the city. From simple meze dishes to fragrant Ottoman-era stews, this book is full of delicious recipes – try roasted Aubergines Stuffed with Spiced Lamb, crunchy Fennel Salad speckled with pomegranate or Sumac-marinated Roast Chicken, and be transported to the kitchens of Istanbul.

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Customer Reviews

Author is someone who travels around and writes cookbooks but who has not been brought up with any understanding of the cuisine. There are better Turkish cookbooks (Ozan, Ilkin, Algar). Written for a British audience, the recipes often include ingredients or cuts of meat that are difficult to find in

the US, also the cooking temperatures are sometimes in Celsius. Nice pictures, however.

not enough new twists--already had many of the recipes--more photo's might have compensatedFront binding of my copy split after the first reading--shoddy not a great value

I love this cookbook! The recipes are easy to follow (with "American" conversions), the ingredients are easy to find (or, the author provided substitutions), and the photography is beautiful. I made three of the meze recipes today and they all turned out beautifully. Thank you, Rebecca!

Bought this as a gift for a someone who have traveled extensively in Turkey -- so they wanted a authentic cookbook. They loved it!

Bought this as a gift for my daughter who had just visited Istanbul. The pictures are wonderful and the recipes seem to be "make-able". There is also lots of information about the city and culture related to the food. I may borrow this book from her!

Such a beautiful cookbook with gorgeous images and recipes. Note that I haven't actually made any of the recipes yet (I generally just buy cookbooks for inspiration and ideas to create my own dishes), but this one is full of beautiful things to make. A great coffee table or gift cookbook, too

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